

Last Week's Attendance Report

	Sunday School	Morning Service	Evening Service	Mid-Week Meetings	Final
Goal	92	189	50	50	\$8,965
3/12	55	165	No Service	5	\$5,306

Thank you to all who contributed to the Chile Fire Fund.
Amount raised: \$557.

Nursery Schedule

9:15 AM	C. Feiler
10:30 AM	F. Conci & A. Martinez

Former FBC Member Christal Jillson went home to be with the Lord on Friday, March 10 . Please keep her husband Don and their children Liz, Kathy, and Don in your prayers. There will be a Memorial Service to honor her here on Saturday, March 25.

**Please Pray
for Bergen
County
Christian
Academy**



Contact Us!

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**Bergen County
Christian
Academy**



**First Baptist Church of Hackensack
15 Conklin Place Hackensack, NJ 07601
(201) 487-1244**

WORSHIP . GROW . SERVE

March 19, 2017

TODAY

SS Staff Prayer Meeting 8:45 AM
Sunday School 9:15 AM
Morning Worship Service 10:30 AM

God's Design for the Local Church: What does God Want the People of FBC to be?

1 Thessalonians 1:1-10

Evening Service 5 PM

LATER THIS WEEK

Tuesday, Ladies Bible Study 7 PM
Wednesday, Youth Group 7 PM
Wednesday, Estudio Biblico 8 PM
Thursday, Prayer Meeting 7 PM
Saturday, Mission Possible Workday 8:30 AM—12:30 PM

MARK YOUR CALENDARS

Resurrection Sunday April 16
We will be having Easter Breakfast from 9:15-10:15 AM.
Our **goal** is to have at least **300 attend** and **10 people saved**.
Please start inviting your family and friends to join us!

Thank you for worshipping with us today!

 **First Baptist Church of Hackensack**

www.FBCinfo.org

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God's Source of Spiritual Power

Mark 9:29

“Prayer and Fasting”

I. Bible Fasters:

Moses fasted (*Ex. 34:28*) Christ fasted (*Matt. 4:2*)
David fasted (*1 Kgs 21:27*) Hannah fasted (*1 Sam. 1:7*)
Paul fasted (*Acts 9:9*) Anna fasted (*Luke 2:37*)

II. Food and Fasting:

- God designed man with inherent need for food.
- The daily requirement for nourishment makes it necessary for man (creation) to trust God,
- The pleasure of eating is a God given pleasure.
- When a person fasts, he abstains from that which is enjoyable and necessary. He manifests a deep heart trust in God.
- When a person fasts, he displays a deep heart sincerity in a person's prayer.

III. Why fast? It secures God's results with blessings.

- Fast when facing national crisis (*Joel 1:14*).
- Fast for individual needs (*Dan. 10:2-3*).
- Fast during periods of distress (*1 Sam. 1:7*).
- Fast when facing spiritual decisions (*Acts 13:2*).
- Fast because the Bridegroom is coming (*Luke 5:35*).
- Fasting can be used of God to relive burdens (*Is. 58*); obtain wisdom (*Dan. 10*); bring revival (*Is. 58:6*); promote effective service (*Matt. 4*); and for special protection (*1 Kgs. 21*).

IV. Fasting Elements:

- Kinds of fasts:
 - a. Normal fast: Total refrain from solid food
 - b. Absolute fast: total refrain from food and liquid
- Lengths of fasts: One day to forty days.

Fasting: A spiritual exercise of self-control.

Romans 13:14, 1 Corinthians 9:27, Philippians 3:19

Fasting Dates: 3/24-25; 3/31-4/1; 4/7-8; & 4/14-15